



TRANSPORT WORKERS UNION LOCAL 555

REPRESENTING THE RAMP, OPERATIONS, PROVISIONING, AND FREIGHT AGENTS OF SOUTHWEST AIRLINES
TRANSPORT WORKERS UNION OF AMERICA • AFL-CIO • AIR TRANSPORT DIVISION • TWU555.ORG
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TWU Local 555 Safety and Health Committee Advisory

March 17, 2020

COVID-19 Update #4

Basic protective measures against the coronavirus

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or by washing them with soap and water for at least 20 seconds.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be present on your hands.

Maintain social distancing

Maintain at least 6 feet of distance between yourself and anyone who is coughing or sneezing.

Why? When someone coughs or sneezes, they spray small liquid droplets from their nose or mouth into the air which may contain the COVID-19 virus. If you are too close, and breathe in the droplets, infection is possible if the person coughing has the disease.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.

Why? Droplets spread viruses. By following good respiratory hygiene, you protect the people around you from viruses such as cold, flu and COVID-19.



The following websites have a host of information and best practices during this Coronavirus period.

- Centers for Disease Control and Prevention(CDC) 2019 Coronavirus webpage www.cdc.gov/coronavirus/2019-nCoV/
- World Health Organization(WHO) Coronavirus updates www.who.int/emergencies/diseases/novel-coronavirus-2019
- Occupational Safety & Health Administration(OSHA) 2019 Coronavirus webpage www.osha.gov/SLTC/novel_coronavirus/index.html
- Federal Aviation Administration(FAA) Coronavirus webpage www.faa.gov/news/updates/?newsId=94991
- Transport Workers Union Local 555(TWU 555) www.twu555.org for all the latest information

TWU International has released a podcast regarding COVID-19 and its effect on TWU members and their according industries in the link below:

<http://podcast.twu.org/e/covid-19-intra-divisional-update/>

We will continue to communicate additional information as it becomes available.